

## SCENT OF A FLOWER BREAKFAST

**TOAST W/ SPREADS \$4.5**

**RAISIN TOAST W/ BUTTER + ICING SUGAR \$5.5**

**CROISSANT - CHOCOLATE + ALMOND \$6**  
- JAMMED UP \$5  
- HAM + CHEESE / CHEESE + TOMATO \$6.5

**BAGEL W/ SPREADS \$5.5**

**TOASTED HONEY MUESLI W/ NUTS TOPPED W/ GREEK YOGURT + RASPBERRIES + CINNAMON \$9.5**

**LIQUID BREAKFAST - OATS, BANANA, HONEY, CHIA SEEDS, FLAKED ALMONDS + GREEK YOGURT \$8.5**

**ON THE RUN TOASTIE- EGG, BACON, CHEESE \$7.5 (BBQ OR TOMATO SAUCE OPTIONAL)**

**SCENTS' PANINNI B.L.A.T - BACON, LETTUCE, AVOCADO + TOMATO W/ HOLLANDAISE \$9.5**

**FRENCH TOAST - NUTTED UP SERVED W/ VANILLA ICE-CREAM + CARAMELISED BANANA + DRIZZLED W/ MAPLE SYRUP \$14.5**

**AVOCADO SMASH - CIABATTA TOPPED WITH CREAMY AVO + FETA, LEAFY GREENS DRIZZLED W/ BALSAMIC GLAZE \$11.5 + POACHED EGGS (2) \$15.5**

**SCENTS' FLORENTINE - TOASTED CIABATTA TOPPED W/ BASIL PESTO, SPINACH, TWO POACHED EGGS + DRIZZLED W/ HOLLANDAISE \$ 14.5**

**EGGS BENEDICT - TOASTED CIABATTA W/ HAM + TWO POACHED EGGS TOPPED W/ HOLLANDAISE \$14.5**

**OMELETTE - SERVED WITH CIABATTA SLICE \$15.5**

**#1 HERBED MUSHROOM, SPINACH + FETA**

**#2 SMOKED SALMON, RED ONION, SPINACH + CAPERS**

**EGGS YOUR WAY - POACHED / SCRAMBLED / FRIED SERVED ON CIABATTA BREAD \$9.5**

**EXTRAS -**

BACON / SMOKED SALMON / HAM - \$4.5

AVOCADO / FETA / MUSHROOM - 3.5

SPINACH / TOMATO / POACHED EGG - \$3

HOLLANDAISE / BASIL PESTO - \$1

## SCENT OF A FLOWER LUNCH

**PANINNI \$10 - WRAPS \$9.5 - BAGELS \$8.5**  
**SLICE: WHITE / GRAIN \$7.5 - GLUTEN FREE \$8.5**

**#1** - CHICKEN, AVOCADO, MAYO, HONEY MUSTARD + TASTY CHEESE

**#2** - SMOKED SALMON, CREAM CHEESE, AVOCADO, CAPERS,  
SPINACH + CRACKED PEPPER

**#3** - SALAMI, BASIL PESTO, SUNDRIED TOMATOES, KALAMATA  
OLIVES + BOCCONCINI CHEESE

**#4** - HAM, CHEESE, TOMATO, AVOCADO, FIRE ROASTED PEPPERS + ROCKET

**#5** - TURKEY, SMOOTH RICOTTA, PLUM SAUCE, SUNDRIED TOMATOES +  
SPINACH

**#6** - SWEET POTATO, ROCKET, GRILLED ZUCCHINI, GARLIC  
MUSHROOMS, ROASTED PEPPERS, BASIL PESTO + CRUMBED FETA

**#7** - TUNA, CELERY, SPRING ONION, ROCKET DRIZZLED WITH CHILLI +  
LEMON OIL

**BRUSCHETTA** - TOMATO, BOCCONCINI CHEESE, BASIL PESTO, RED ONION +  
ROCKET SERVED ON CIABATTA SLICES \$ 10

**ANTIPASTO BOARD** - A SELECTION OF MEATS + TREATS \$15

**SOUP** - SERVED WITH HERB BREAD \$9.5

**PASTRIES** - (REFER TO DAILY DISPLAY FRIDGE)

**SALAD BOWLS** - A HEALTHY DOSE OF GOODNESS  
(REFER TO DAILY DISPLAY FRIDGE)

**PASTA BOWLS** - CARB IT UP  
(REFER TO DAILY DISPLAY FRIDGE)

**SALAD SIZES:** SMALL \$7.5 - LARGE \$10.5

**GREEK SALAD** - MIXED LEAVES, CUCUMBER, TOMATO, RED  
ONION, ROASTED PEPPERS, KALAMATA OLIVES + CRUMBED FETA

**SUPER GREENS** + PROTEIN OF YOUR CHOICE  
(CHICKEN, SALMON, TUNA)

## SCENT OF A FLOWER DRINKS MENU

### HOTTIES

LATTE, FLAT WHITE, CAPPUCINO,  
LONG BLACK, LONG MACCHIATO \$3.7

SHORT BLACK, ESPRESSO  
SHORT MACCHIATO, PICCOLO \$3.5

MOCHA, HAZELNUT, CARAMEL + \$ 30c  
SHOT OF COFFEE + 50c  
ALMOND / SOY + 50c  
LACTOSE FREE MILK + 50c

TEAS: LEMON + GINGER, JASMINE GREEN,  
CHAMOMILE, PEPPERMINT, EARL GREY,  
ENGLISH BREAKFAST, LEMON SCENTED,  
IRISH BREAKFAST + BLACKCURRANT \$3.5

CHAI LATTE / CHAI TEA \$3.8  
HOT CHOCOLATE \$4.5

EUROPEAN HOT CHOCOLATE \$4.8  
CLASSIC, WHITE + HAZELNUT  
(RICH, THICK + SMOOTH)

### COLDIES

ICED COFFEE / CHOCOLATE \$5.5  
(W/ ICE CREAM + MILK)

ICED LATTE \$4.5  
(DBL ESPRESSO W/ ICE & MILK)

AFFOCATO \$5  
(DBL ESPRESSO + ICE CREAM)

MILK SHAKES \$ 6.5

SMOOTHIES - \$6.5

BANANA OR BERRIES  
(PLAIN GREEK YOGURT, HONEY  
+ CINNAMON)

JUICES: S \$4.5 - L \$7.5

SUPER GREEN -  
SPINACH, APPLE, CELERY  
+ GREEN GRAPES

SCENTS BLAST - BERRIES,  
WATERMELON, APPLE +  
ORANGE